

## ORIGINAL PAPER

# The particles of microplastics in shrimp paste from the Gulf of Thailand and the Andaman Sea

Makamas Sutthacheep<sup>a,\*</sup>, Suphakarn Phoaduang<sup>a</sup>, Charernmee Chamchoy<sup>a</sup>, Wanlaya Klinthong<sup>a</sup>, Chakkrit Salakphet<sup>b</sup>, Aphaiphum Silparasarn<sup>b</sup>, Duangkamon Sangiamdee<sup>c</sup>, Thamasak Yeemin<sup>a</sup>

<sup>a</sup> Marine Biodiversity Research Group, Department of Biology, Faculty of Science, Ramkhamhaeng University, Bangkok 10240

<sup>b</sup> Ko chlang Subdistrict Administrative Organization, Ko Chang Tai sub district, Ko Chang district, Trat Province

<sup>c</sup>Department of Chemistry, Faculty of Science, Ramkhamhaeng University, Bangkok, Thailand 10240

\*Corresponding author: *smakamas@hotmail.com*

Received: 2 April 2021 / Revised: 27 April 2021 / Accepted: 28 April 2021

**Abstract.** Microplastics are considered contaminants in marine ecosystems around the world and have been a growing problem. Currently, microplastics are one of the most significant environmental challenges worldwide. Marine organisms such as crustaceans, fish, and mussels can either directly ingest microplastic or accumulate it from the food web. Therefore, fisheries-target species from those groups become a potential source of microplastic contamination for human consumers. This study aimed to examine the microplastic contaminants in shrimp paste in Thailand. Shrimp paste samples were purchased from five provinces, both from the Andaman Sea and the Gulf of Thailand. The abundance of microplastics in the shrimp paste was examined by hydrogen peroxide, analyzed under a stereomicroscope, and later identified by using Fourier Transform Infrared spectroscopy (FTIR). The results showed that the densities of microplastics in shrimp paste varied from 6 to 11.3 particles/10 g. The microplastics were composed of fibers and fragments, ranging from 0.1 to 1.0 mm in length. Five different types of plastic polymer were found, i.e., polyethylene terephthalate, polyurethane, rayon, polystyrene, and polyvinyl alcohol. This study confirmed microplastic presence in shrimp paste, and urgent measures are needed to prevent recurrent contamination of food items produced for human consumption and related health problems. We propose to work in collaboration with local communities to ensure clean fishery products and reducing microplastic contamination.

**Keywords:** microplastics, fishery products, Gulf of Thailand, Andaman Sea

## 1. Introduction

Plastic pollution is a problem of the 21<sup>st</sup> century globally due to the high plastics demanding from numerous industries has led to increased global plastic production, approximately 348 million

tons in 2017 (Liu et al., 2018; PlasticsEurope, 2019). The estimation of mismanaged plastic waste is approximately 60-90 million tons per year in 2015 added to the environment and will be increased to 155-265 million tons per year by 2060 (Lebreton and Andrady, 2019). Consequently, it has been estimated that plastics could be entering the marine environment approximately 4.8-12.7 million tons per year (Jambeck et al., 2015).

Microplastics are widely spread in marine environments and are found in many coastal waters such as the Pacific (Desforges et al., 2014), Atlantic (Enders et al., 2015), and the Arctic (Lusher et al., 2015). Microplastics are considered contaminants in marine ecosystems worldwide and have been a growing problem (Cole et al., 2011). Definition of microplastics that the plastic particles are smaller than 5 mm (Thompson et al., 2004; Arthur et al., 2009; Thompson, 2015). Microplastics particles are a threat to marine organisms that they are often mistaken as food because of their small size (Neves et al., 2015). Several marine organisms can either directly ingest microplastic or accumulate it from the food web, such as worms (Wright et al., 2013), larvae of oysters (Cole and Galloway, 2015), fish (Bellas et al., 2016; Barboza et al., 2020), mussels (Van Cauwenberghe et al., 2015), and crabs (Watts et al., 2014). Therefore, fisheries-target species from those groups become a potential source of microplastic contamination for human consumers.

Shrimp pastes are one of the fisheries-target products in Thailand. Those are locally known as Kapi. Shrimp pastes are a crucial ingredient for Thai cuisine especially making shrimp paste chili sauce or dipping sauce when served with sour fruits. Due to shrimp paste made from krills, which present a tiny size. The krills are collected by using a net with a small mesh size. Therefore, microplastics can be contaminants during collected krills, leading to accumulating those of microplastics pass-through shrimp paste to the human consumers. However, there are no data available on microplastics in the shrimp paste. This study aimed to examine the microplastic contaminants in shrimp paste in Thailand.

## 2. Materials and Methods

### 2.1 Location of shrimp paste produced

Seven shrimp paste samples were purchased from six local markets in five provinces, both from the Andaman Sea and the Gulf of Thailand, as shown in table 1.

### 2.2 Microplastics extraction

The shrimp paste samples were digested with 30% hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>). Moreover, the samples were heated up to 55-65 °C during the digestion process until they were completely digested. The microplastics in shrimp paste

products were separated from the digested shrimp paste samples using a flotation technique with a saturated sodium chloride solution (250 g/ml). After 24 h of floatation at room temperature, the overlying water was vacuum filtered through a 20 µm of pore size filter (Mathalon and Hill, 2014). The samples were compared with blanks, H<sub>2</sub>O<sub>2</sub> in an empty vial run to correct potential air-borne particle deposition in the laboratory. Microplastics samples were placed into a clean glass petri dish for observation under a stereoscopic microscope, and photographs were taken using a digital camera.

### 2.3 Microplastics identification

All plastic particles were visually identified, counted and measured, by classifying them according to four size classes: 101-500 µm; 501-1000 µm; 1001-1500 µm and 1501-2000 µm. The microplastics types in the shrimp paste were identified by using a Fourier transform infrared spectroscopy (FTIR).

### 2.4 Statistical analysis

The average abundance of microplastics particles in shrimp paste was expressed in particle/10 g shrimp paste. Duncan new multiple range test in R program version 3.3.2 was used to analyze the difference in microplastics accumulation in shrimp paste

**Table 1.** Location of shrimp paste purchasing in this study

Samples	Local market	Province
Shrimp paste	Ko Chang	Trat
Shrimp paste	Tha Sea	Chumphon
Shrimp paste	Lanta	Krabi
Shrimp paste	Samut Sakorn	Samut Sakorn
Shrimp paste	Tha Chana	Surat Thani
Shrimp paste (Big krill)	Kanchanadit	Surat Thani
Shrimp paste (Small krill)	Kanchanadit	Surat Thani

### 3. Results

The results showed that the densities of microplastics in shrimp paste varied from 6 to 11.3 particles/10 g (Figure 1). The highest density of microplastics was found in the shrimp paste from Kanchanadit (Big krill) with  $12.66 \pm 0.47$  particles/10 g but did not significantly different with all samples except the microplastics

contamination of shrimp paste from Tha Chana ( $5.66 \pm 2.05$  particles/10 g). The highest composition of microplastics size was ranged 501-1000  $\mu\text{m}$  at Tha Sae, Tha Chana, Kanchanadit (Big krill), and Kanchanadit (Small krill), while the highest composition of microplastic size from Ko Chang and Lanta was ranged 100-500  $\mu\text{m}$  in length (Figure 2).

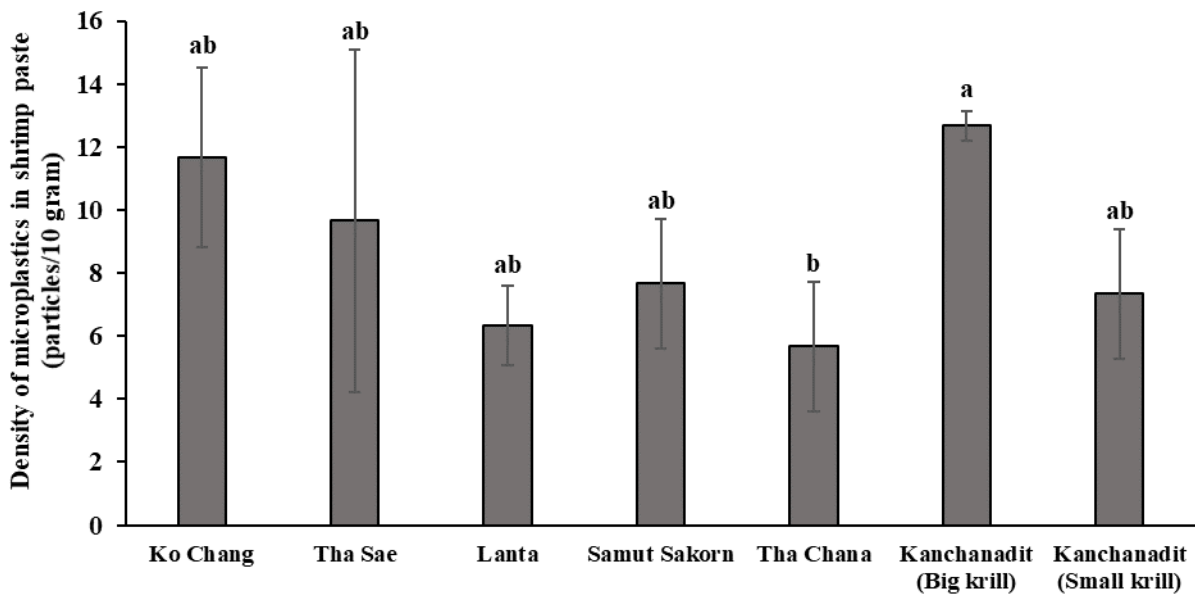


Figure 1. Accumulation of microplastics in shrimp paste from five provinces (Mean±SD)

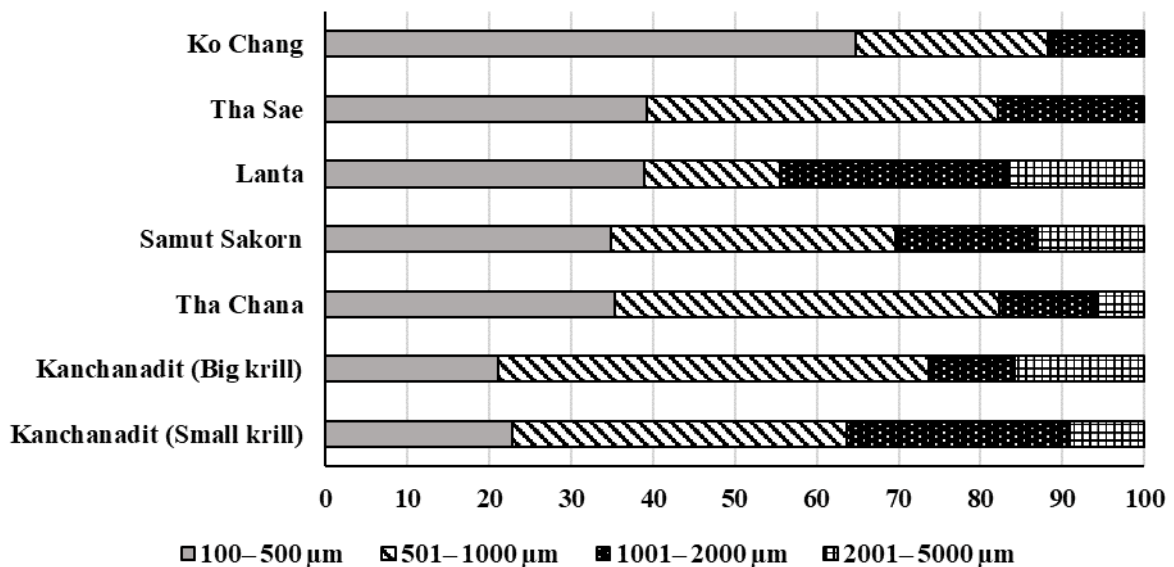


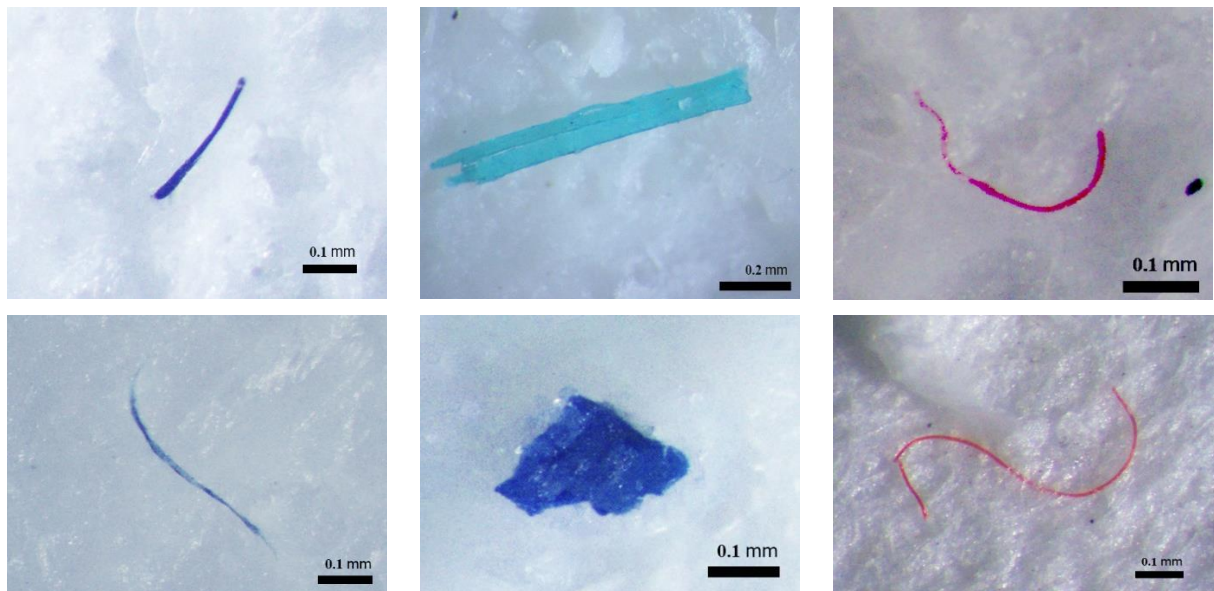
Figure 2. Accumulation of microplastics in shrimp paste from five different provinces

The microplastics were composed of fibers and fragments, ranging from 0.1 to 5.0 mm in length. Most microplastics found in this study were blue filamentous microplastics and followed by red filamentous microplastics (Table 2.and Figure 3.). The chromatogram

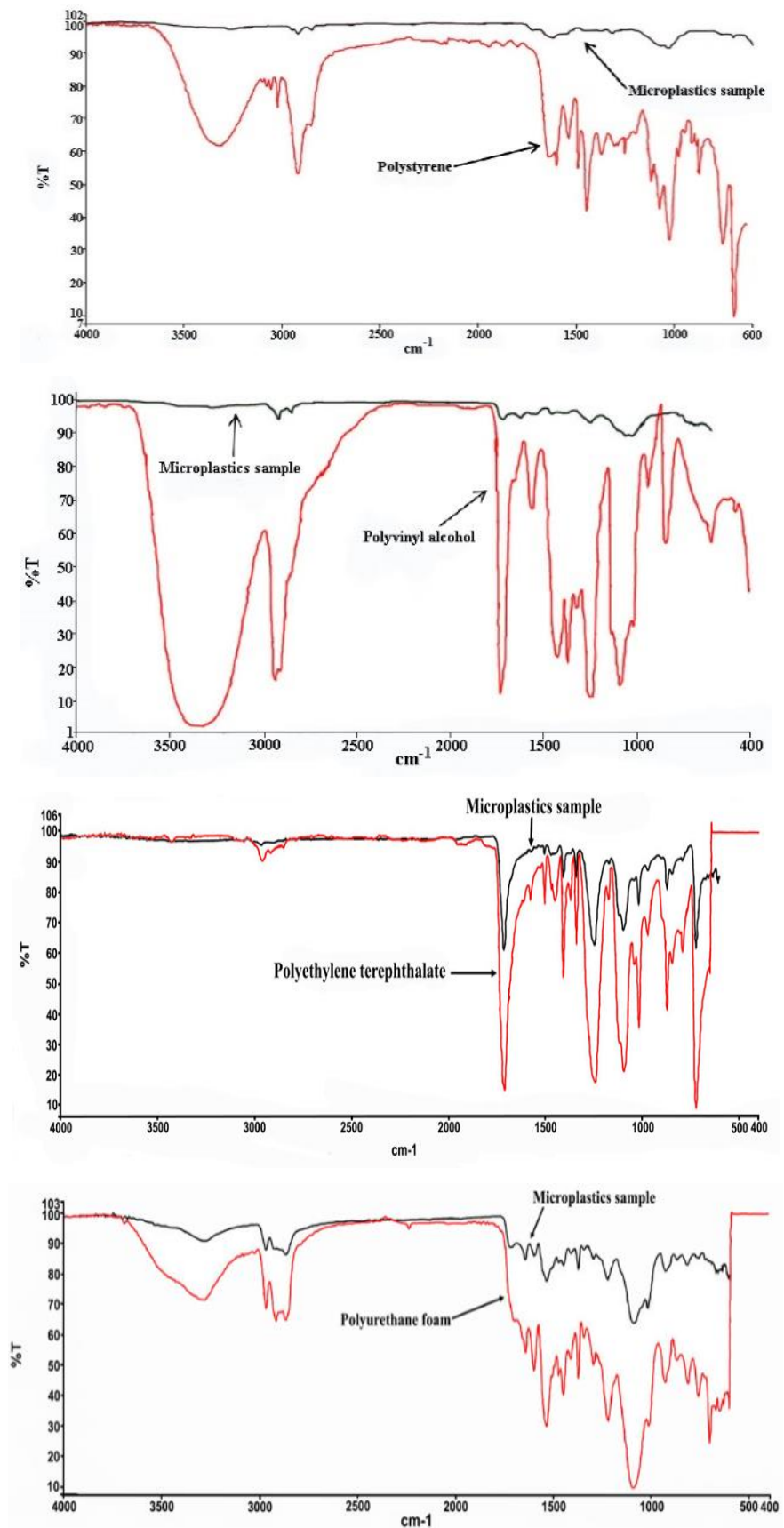
of microplastics samples showed that four different types of plastic polymers (polyethylene terephthalate, polyurethane, polystyrene, and polyvinyl alcohol) were found in this study (Figure 4.)

**Table 2.** Percentage of forms and color of microplastics found in shrimp paste

Location	Forms (%)		Colours (%)					
	Fragment	Filament	Red	Blue	Black	Grey	White	Green
Ko Chang	45.71	54.29	5.71	94.29	0.00	0.00	0.00	0.00
Tha Sae	7.14	92.86	7.14	89.29	0.00	0.00	3.57	0.00
Lanta	0.00	100.00	11.11	88.89	0.00	0.00	0.00	0.00
Samut Sakorn	0.00	100.00	8.70	86.96	0.00	0.00	4.35	0.00
Tha Chana	17.65	82.35	17.65	52.94	23.53	5.88	0.00	0.00
Kanchanadit (Big krill)	0.00	100.00	21.05	71.05	5.26	0.00	0.00	2.63
Kanchanadit (Small krill)	0.00	100.00	18.18	81.82	0.00	0.00	0.00	0.00



**Figure 3.** Microplastics particles found in shrimp paste



**Figure 4.** Chromatogram of microplastics samples compared to the standard chromatogram of microplastics

#### 4. Discussion

Microplastics have been reported in several products such as sea salt, beer, honey, sugar, canned fish (Liebezeit and Liebezeit, 2013; Liebezeit and Liebezeit, 2014; Iniguez et al., 2017; Karami et al., 2018; Kosuth et al., 2018; Lira et al., 2020). Moreover, the microplastics accumulation of honey and beers has been overestimated (Lachenmeier et al., 2015; Mühlischlegel et al., 2017). There are several studies on dietary intake of microplastics, particularly drinking water and seafood products (Lusher et al., 2017; WHO, 2019). Unfortunately, the number of publications on the occurring of microplastics in the shrimp paste is very limited (Lira et al. 2020) when compared to the number of papers investigating the presence in the shrimp or krill (Devriese et al., 2015; Bordbar et al., 2018; Bergami et al., 2020; Dawson et al., 2020).

Microplastics in seafood are concerned due to their impact on human health (Sharma and Chatterjee, 2017; Smith et al., 2018). Shrimp paste is prepared by sea salt, and krill fermented that making three possible ways of microplastics ingestion are microplastics from krill, sea salts, and water used. All the processes to make shrimp paste products are the possible route of microplastic ingestion to humans frequently discussed in the relative human health and food security (Barboza et al., 2018; Smith et al., 2018; Cox et al., 2019). Lassen et al. (2015) revealed that the human gastrointestinal tract could absorb ingestion of microplastic particles from toothpaste. However, the fate of microplastics from ingested seafood in humans is not verified.

This study confirmed microplastics presence in shrimp paste, and urgent measures are needed to prevent recurrent contamination of food items produced for human consumption and related health problems. We propose to work in collaboration with local communities to ensure clean fishery products and reducing microplastic contamination. Further work will study methods of reducing microplastics contamination in products to be a guideline for other areas.

#### Acknowledgements

We are most grateful to the staff of Marine Biodiversity Research Group, Faculty of Science, Ramkhamhaeng University for their assistance in the field. This study was funded partly by a budget for research promotion from the Thai Government awarded to Ramkhamhaeng University.

#### References

- Arthur C, Baker J, Bamford H (eds) (2009) Proceedings of the international research workshop on the occurrence, effects, and fate of microplastic marine debris, September 9-11, 2008. NOAA Technical Memorandum NOS-OR & R-30
- Barboza LGA, Lopes C, Oliveira P, Bessa F, Otero V, Henriques B, Raimundo J, Caetano M, Vale C, Guilhermino L (2020) Microplastics in wild fish from North East Atlantic Ocean and its potential for causing neurotoxic effects, lipid oxidative damage, and human health risks associated with ingestion exposure. *Science of the Total Environment* 717:134625
- Barboza LGA, Vethaak AD, Lavorante BR, Lundebye AK, Guilhermino, L (2018) Marine microplastic debris: An emerging issue for food security, food safety and human health. *Marine Pollution Bulletin* 133:336-348
- Bellas J, Martínez-Armental J, Martínez-Cámara A, Besada V, Martínez-Gómez C (2016) Ingestion of microplastics by demersal fish from the Spanish Atlantic and Mediterranean coasts. *Marine Pollution Bulletin* 109:55-60
- Bergami E, Manno C, Cappello S, Vannuccini ML, Corsi I (2020) Nanoplastics affect moulting and faecal pellet sinking in Antarctic krill (*Euphausia superba*) juveniles. *Environment International* 143(24) doi: 10.1016/j.envint.2020.105999
- Bordbar L, Kapiris K, Kalogirou S, Anastasopoulou A (2018) First evidence of ingested plastics by a high

- commercial shrimp species (*Plesionika narval*) in the eastern Mediterranean. *Marine Pollution Bulletin* 136:472-476
- Cole M, Lindeque P, Halsband C, Galloway TS (2011) Microplastics as contaminants in the marine environment: A review. *Marine Pollution Bulletin* 62:2588-2597
- Cole M, Galloway TS (2015) Ingestion of nanoplastics and microplastics by Pacific oyster larvae. *Environmental Science & Technology* 49:14625-14632
- Cox KD, Covernton GA, Davies HL, Dower JF, Juanes F, Dudas SE (2019) Human consumption of microplastics. *Environmental Science & Technology* 53:7068-7074
- Dawson AL, Kawaguchi S, King CK, Townsend KA, King R, Huston WM, Nash SMB (2018) Turning microplastics into nanoplastics through digestive fragmentation by Antarctic krill. *Nature Communications* doi: 10.1038/s41467-018-03465-9
- Desforges JPW, Galbraith M, Dangerfield N, Ross PS (2014) Widespread distribution of microplastics in subsurface seawater in the NE Pacific Ocean. *Marine Pollution Bulletin* 79:94-99
- Devriese LI, van der Meulen MD, Maes T, Bekaert K, Paul-Pont I, Frère L, Robbens J, Vethaak AD (2015) Microplastic contamination in brown shrimp (*Crangon crangon*, Linnaeus 1758) from coastal waters of the southern North Sea and channel area. *Marine Pollution Bulletin* 98:179-187
- Enders K, Lenz R, Stedmon CA, Nielsen TG (2015) Abundance, size and polymer composition of marine microplastics  $\geq 10$  mm in the Atlantic Ocean and their modelled vertical distribution. *Marine Pollution Bulletin* 100:70-81
- Iniguez ME, Conesa JA, Fullana A (2017) Microplastics in Spanish table salt. *Scientific Reports* 7(1):8620
- Jambeck JR, Geyer R, Wilcox C, Siegler TR, Perryman M, Andrady A, Narayan R, Law KL (2015) Plastic waste inputs from land into the ocean. *Science* 347:768-771
- Karami A, Golieskardi A, Choo CK, Larat V, Karbalaei S, Salamatinia B (2018) Microplastic and mesoplastic contamination in canned sardines and sprats. *Science of the Total Environment* 612:1380-1386
- Kosuth M, Mason SA, Wattenberg EV (2018) Anthropogenic contamination of tap water, beer, and sea salt. *PLoS One* 13(4):e0194970
- Lachenmeier DW, Kocareva J, Noack D, Kuballa T (2015) Microplastic identification in German beer - an artefact of laboratory contamination? *Deut Lebensm-Rundsch* 111:437-40
- Lebreton L, Andrady A (2019) Future scenarios of global plastic waste generation and disposal. *Palgrave communications* 5:6 doi: 10.1057/s41599-018-0212-7
- Lassen C, Hansen SF, Magnusson K, Noren F, Hartmann NIB, Jensen PR, Nielsen TG, Brinch A (2015) Microplastics: occurrence, effects and sources of releases to the environment in Denmark. The Danish Environmental Protection Agency, Copenhagen
- Liebezeit G, Liebezeit E (2013) Non-pollen particulates in honey and sugar. *Food Additives & Contaminants: Part A* 30(12):2136-2140
- Liebezeit G, Liebezeit E (2014) Synthetic particles as contaminants in German beers. *Food Additives & Contaminants: Part A* 31(9):1574-1578
- Lira BCS, Cresencia AC, Tavera MA, Janaira JI (2020) Volatile Chemical Profiling and Microplastic Inspection of Fish Pastes from Balayan, Batangas, Philippines. *Asian Fisheries Science* 33:213-221
- Liu M, Lu S, Song Y, Lei L, Hu J, Lv W, Zhou W, Cao C, Shi H, Yang X, He D (2018) Microplastic and mesoplastic

- pollution in farmland soils in suburbs of Shanghai, China. *Environmental Pollution* 242:855-862
- Lusher AL, Hollman PCH, Mendoza-Hill JJ (2017) Microplastics in fisheries and aquaculture: status of knowledge on their occurrence and implications for aquatic organisms and food safety. *FAO Fisheries and Aquaculture Technical Paper No. 615*, FAO, Rome, Italy
- Lusher AL, Tirelli V, O'Connor I, Officer R (2015) Microplastics in Arctic polar waters: the first reported values of particles in surface and sub-surface samples. *Scientific Reports* 5:14947
- Mathalon A, Hill P (2014) Microplastic fibers in the intertidal ecosystem surrounding Halifax Harbor, Nova Scotia. *Marine Pollution Bulletin* 81(1):69-79
- Mühlschlegel P, Hauk A, Walter U, Sieber R (2017) Lack of evidence for microplastic contamination in honey. *Food Additives & Contaminants: Part A* 34(11):1982-1989
- Neves D, Sobral P, Ferreira JL, Pereira T (2015) Ingestion of microplastics by commercial fish off the Portuguese coast. *Marine Pollution Bulletin* 101:119-126
- PlasticsEurope (2019) *Plastics - the facts 2019*.  
[https://www.plasticseurope.org/application/files/9715/7129/9584/FINAL\\_web\\_version\\_Plastics\\_the\\_facts2019\\_14102019.pdf](https://www.plasticseurope.org/application/files/9715/7129/9584/FINAL_web_version_Plastics_the_facts2019_14102019.pdf)
- Sharma S, Chatterjee S (2017) Microplastic pollution, a threat to marine ecosystem and human health: a short review. *Environmental Science and Pollution Research* 24:21530-21547
- Smith M, Love DC, Rochman CM, Neff RA (2018) Microplastics in seafood and the implications for human health. *Current Environmental Health Reports* 5:375-386
- Thompson RC, Olsen Y, Mitchell RP, Davis A, Rowland SJ, John AWG, McGonigle D, Russell AE (2004) Lost at sea: where is all the plastic? *Science* 304:838
- Thompson RC (2015) Microplastics in the Marine Environment: Sources, Consequences and Solutions. In: Bergmann M, Gutow L, Klages M (eds) *Marine Anthropogenic Litter*. Springer, Cham, pp 185-200
- Van Cauwenberghe L, Claessens M, Vandegehuchte MB, Janssen CR (2015) Microplastics are taken up by mussels (*Mytilus Edulis*) and lugworms (*Arenicola Marina*) living in natural habitats. *Environmental Pollution* 199:10-17
- Watts AJ, Lewis C, Goodhead RM, Beckett SJ, Moger J, Tyler CR, Galloway TS (2014) Uptake and retention of microplastics by the shore crab *Carcinus Maenas*. *Environmental Science & Technology* 48:8823-8830
- WHO (2019) *Microplastics in drinking-water*. World Health Organization.  
<https://apps.who.int/iris/bitstream/handle/10665/326499/9789241516198-eng.pdf?ua=1>
- Wright SL, Rowe D, Thompson RC, Galloway TS (2013) Microplastic ingestion decreases energy reserves in marine worms. *Current Biology* 23:R1031-R1033